

Future OCT Technology

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RETINAL UPDATE 2015
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Disclosure

- Research Grant Recipient: Optos, Carl Zeiss Meditec, Optovue
- Consultant: Carl Zeiss Meditec, Optos

Limitations of existing SDOCT

- Retinal layers are well visualized, but not individual cells
- Speed is adequate, but still limits scanning area or amount of oversampling
- Functional data still relatively limited
- Dynamic vascular (blood flow/leakage) information is lacking
- Automatic quantitative data is limited
- Requires trained operator

Future OCT Technologies

OUTLINE

- Improved Resolution
- Improved Speed
- Improved Penetration
- Functional Information
- Vascular/Molecular Imaging
- Increased Automation

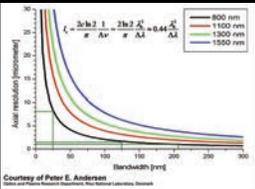
Future OCT Technologies

OUTLINE

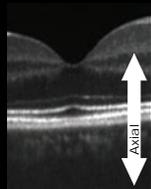
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Improving axial resolution

- Axial resolution depends on light source bandwidth and wavelength



Courtesy of Peter E. Andersen
Department of Ophthalmology, University of California, Berkeley



Improving axial resolution

- Previously broad bandwidths only achievable with expensive femtosecond titanium sapphire lasers
- Multiplexed superluminescent diodes (SLDs) have made UHR OCT commercially feasible (e.g. Optopol Copernicus HR)

Drexler et al. Prog Ret Eye Res 2008; 27:45-88.

International Nomenclature for OCT Meeting Consensus OCT Classification

Improving transverse resolution

- Transverse resolution is probably more important – limited to 20 microns by optical aberrations of the eye

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Improving transverse resolution

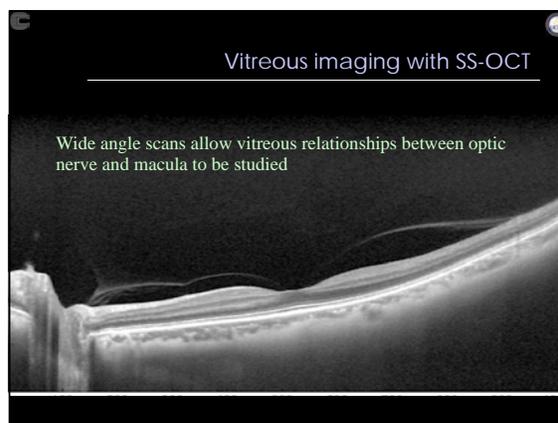
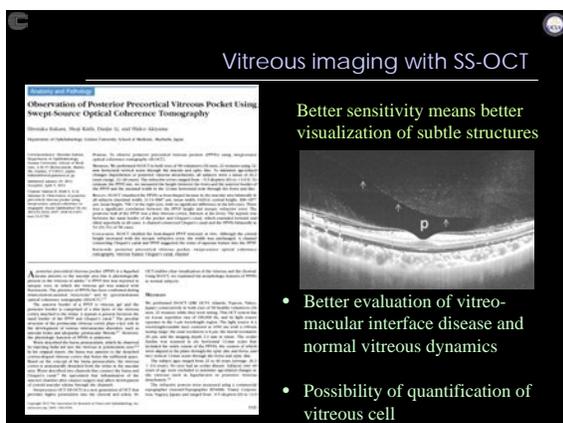
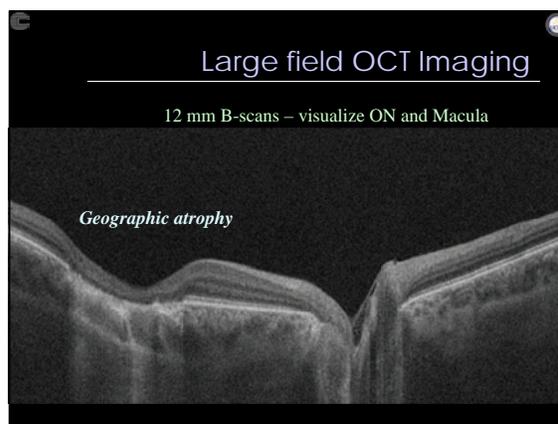
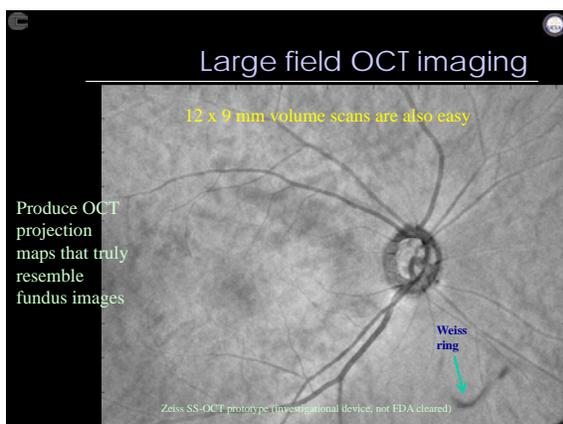
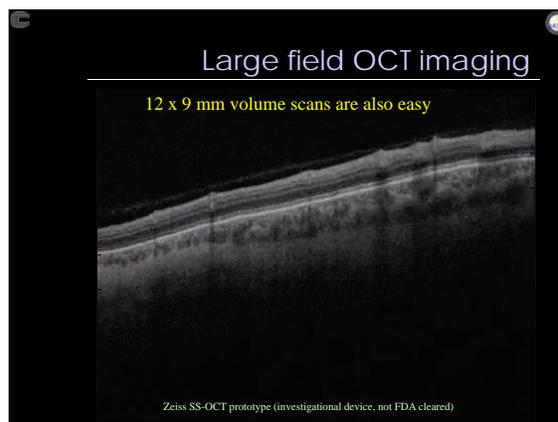
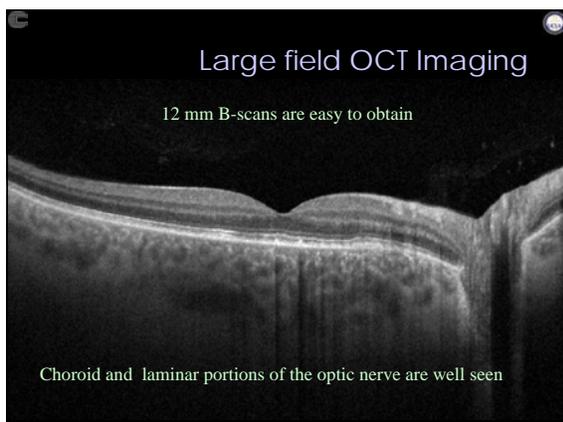
- Adaptive optics systems compensate for these aberrations

Courtesy: Don Miller, Indiana University

AO-OCT vs AO-SLO

From Miller, et al Eye (2011) 25, 321-330

AO-SLO: (+) no speckle noise; (-) poor axial
AO-OCT: (+) excellent axial; (-) speckle --- but can average



Evolution of Vitreomacular Detachment in Healthy Subjects

From Potts et al., *Optics Express* 2010, 18, 20029.

Vitreous imaging with SS-OCT

With SS-OCT, both the vitreous and choroid can be imaged simultaneously with brilliant detail

Large field OCT imaging

- Underlying high quality B-scan data yields high quality OCT fundus images

Retinal cyst with blood vessel and CPA

Higher Sensitivity

- Very little sensitivity loss with depth with swept source OCT
 - Better signal-to-noise ratio
- Enhances visualization of outer retinal structures

Improved Speed

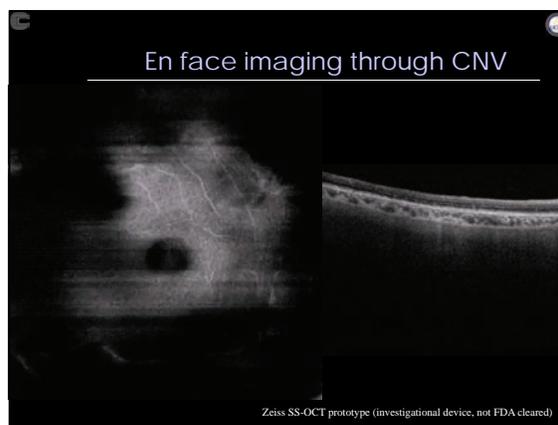
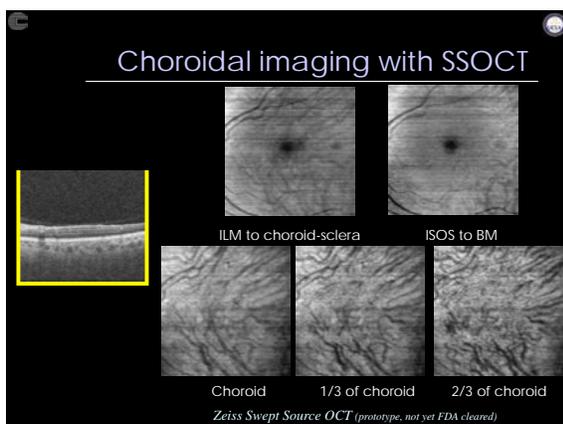
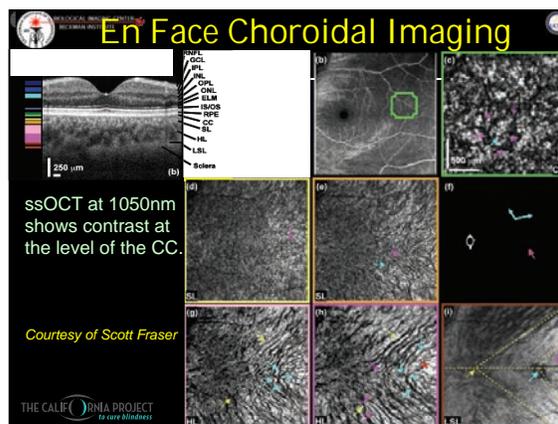
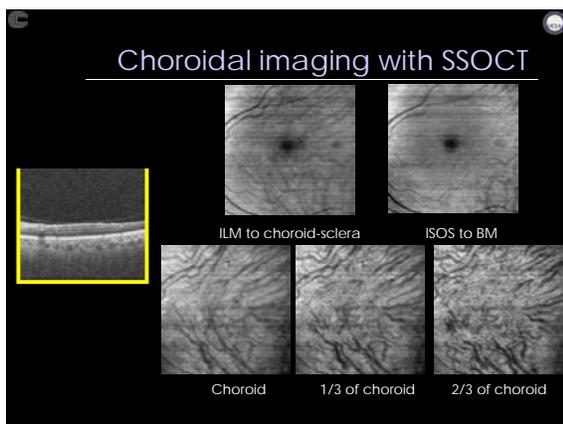
- Swept Source OCT
 - Extensive averaging allows fine structures to be seen

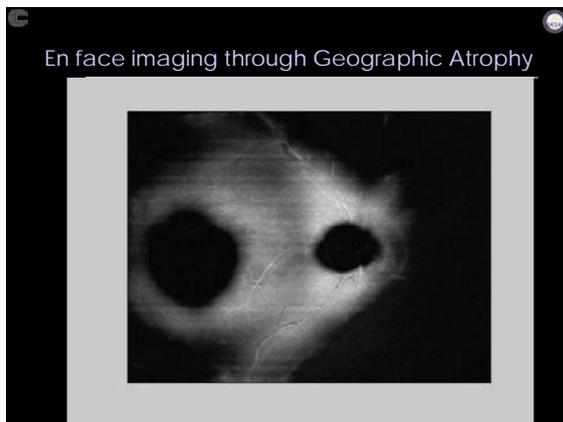
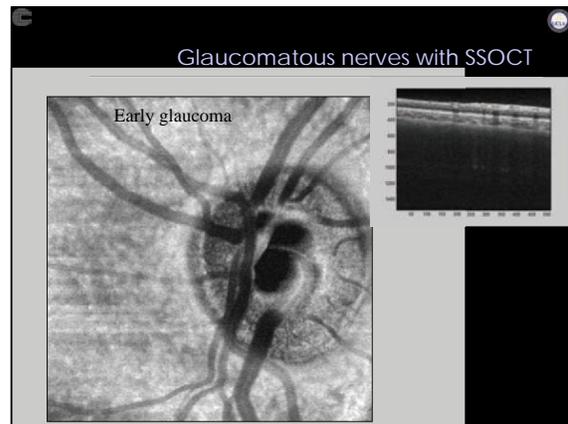
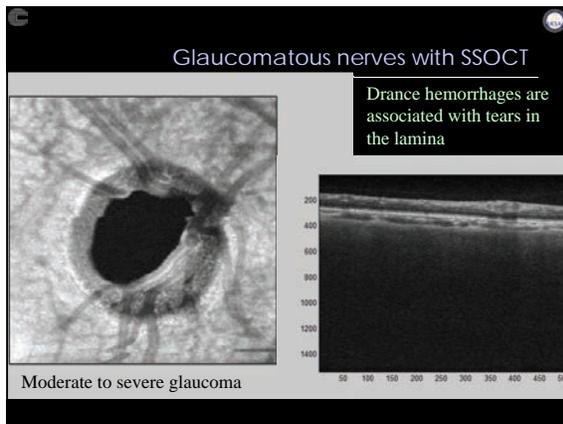
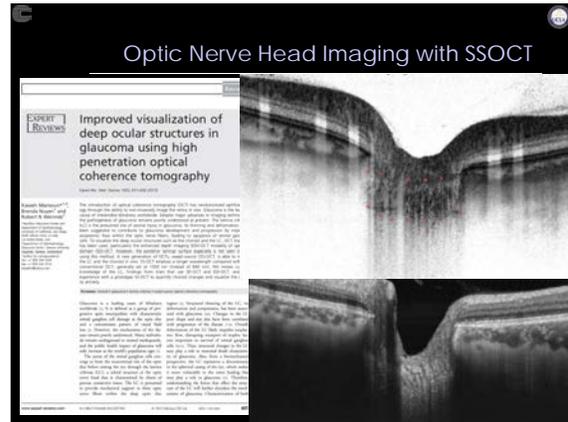
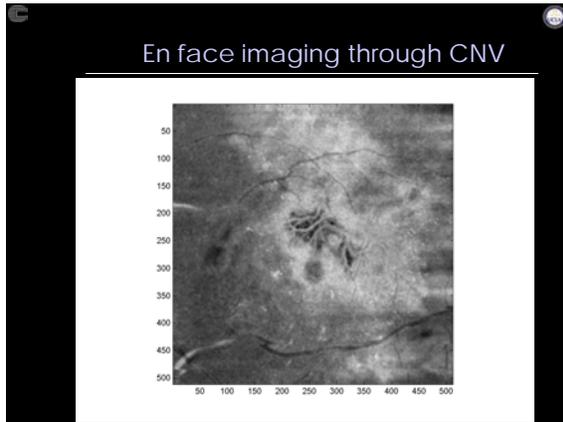
From Potts et al., *Optics Express* 2010, 18, 20029.

Improved Speed

Megahertz OCT for ultrawide-field retinal imaging with a 1000mm Fourier for domain-matched laser

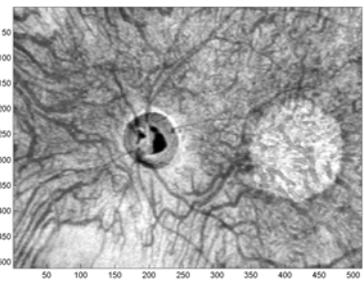
From Klein et al., *Optics Express* 2011, 19, 3044.



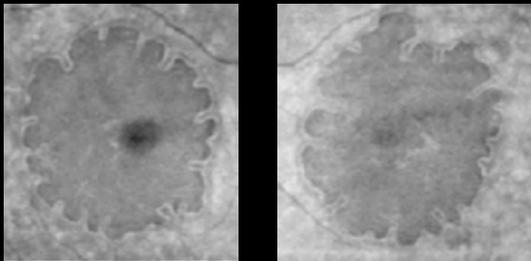


High-resolution en face OCT

En face slabs can be extracted from any layer of interest



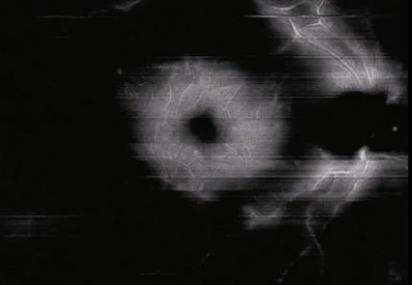
En Face slabs at photoreceptor - RPE level



OD OS

Non-proliferative Diabetic Retinopathy

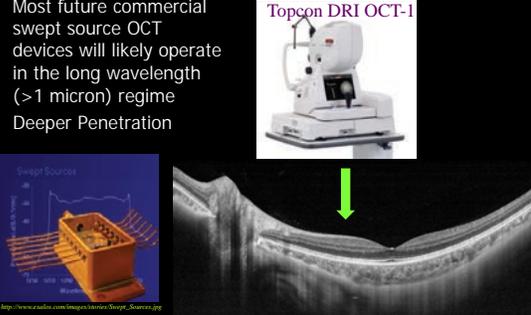
- Microaneurysms visible on en face images



Zeiss SS-OCT prototype (investigational device, not FDA cleared)

Swept Source OCT and wavelength

- Most future commercial swept source OCT devices will likely operate in the long wavelength (>1 micron) regime
- Deeper Penetration



Topcon DRI OCT-1

http://www.cadmus.com/images/Articles/Swept_Source.jpg

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Enhanced Depth Imaging

- Optimizing orientation relative to the zero delay ("Spaide inversion") and averaging are two methods to improve visualization of deeper structures

- Increasing the imaging wavelength is another approach to achieve greater depth penetration

Importance of Choroidal Thickness

- Choroidal thickness varies in different diseases

FCP thickness:

- Normals: 280-290 microns
- CSCR patients: 400-500 microns
- High Myopes: 93 microns
- AMD/ARCA: 120 microns

OCT and wavelength

- Two "Windows of Opportunity" for retinal OCT imaging

OCT Imaging Windows

- Visible to near infrared (950nm) -- BROAD
- 1000nm - 1100nm -- NARROWER BANDWIDTH (restricted to 100 nm) and still more absorption than at shorter wavelengths

<http://www.thorlabs.com/images/TabImages/WaterAbsorptionm.jpg>

Long wavelength (1 micron OCT)

- Most future swept source OCT devices will likely operate in the long wavelength (>1 micron) regime

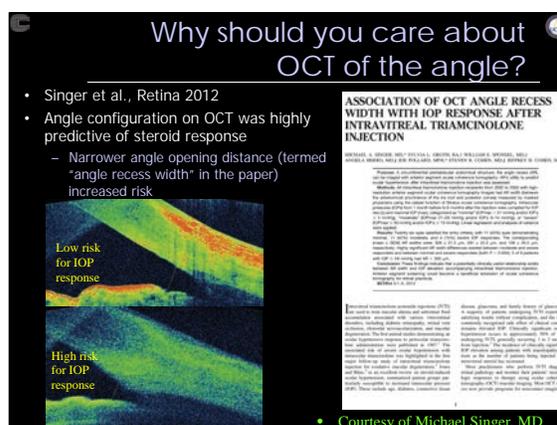
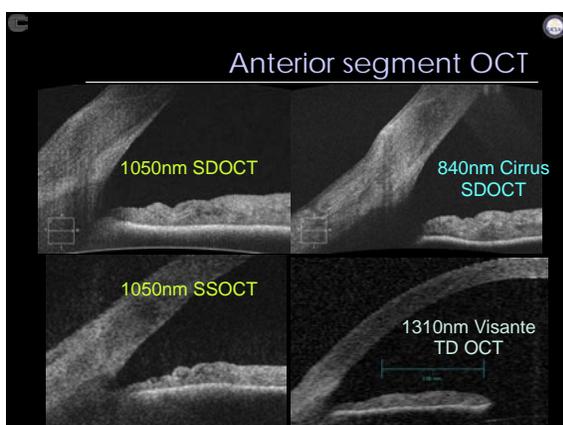
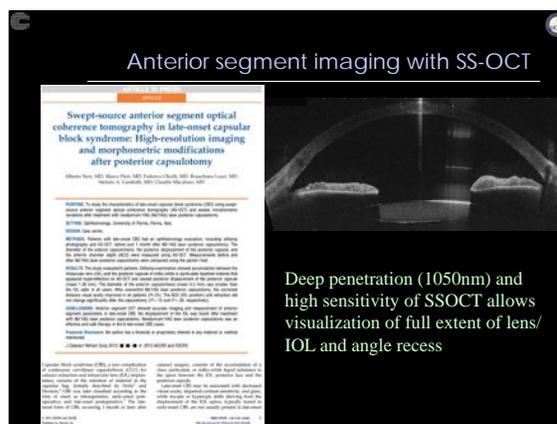
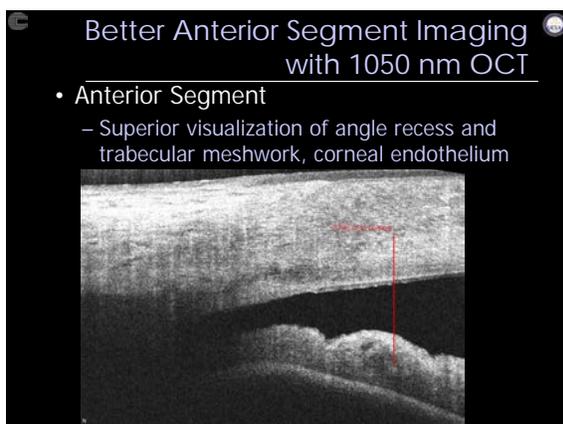
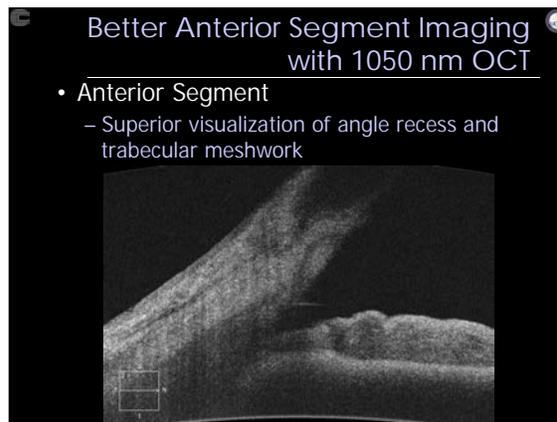
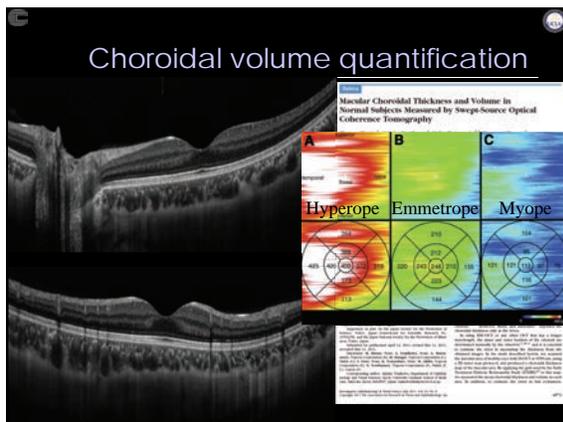
Choroidal Visibility: 1050 vs 840

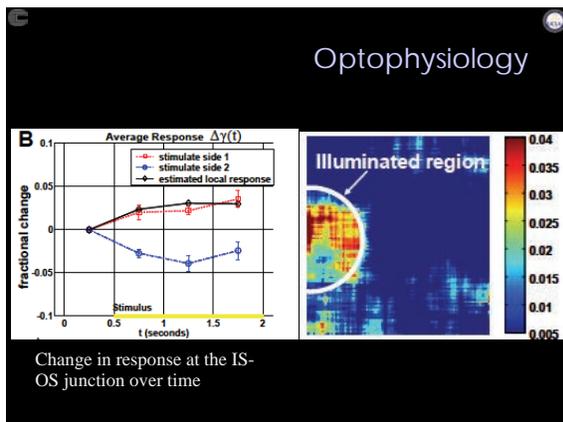
Comparison Study at Doheny of 1050nm vs 840nm

Results:

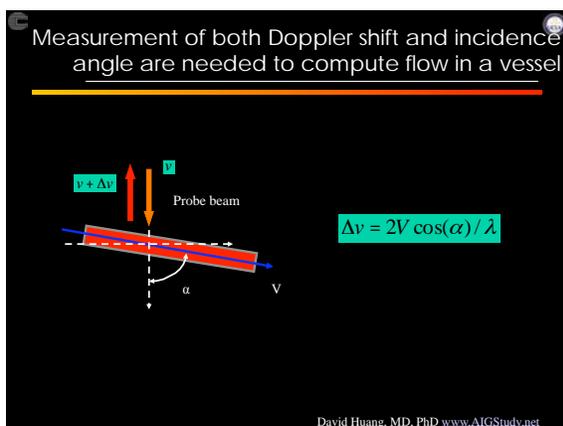
- Even when the choroid was fully-visible at 840nm, considerable additional detail was visible at 1050nm

Retinitis Pigmentosa





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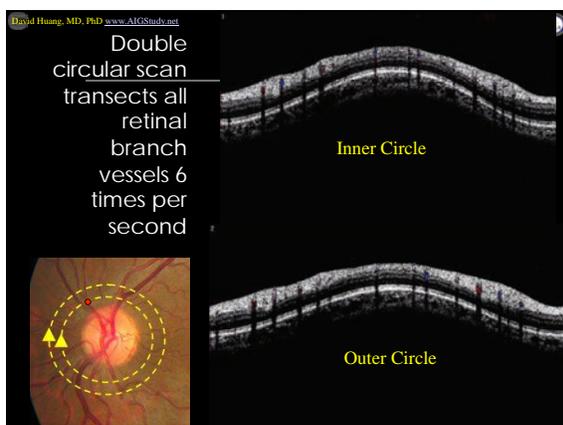
Flow direction relative to OCT beam is measured by 2 parallel cross-sections

www.COOLLab.net

Double circular scan (θ)

Flow profile and direction determined on parallel sections*

*Y. Wang, B. Bower, J. Izatt, O. Tan, D. Huang, "In vivo total retinal blood flow measurement by Fourier-domain Doppler optical coherence tomography," *Journal of Biomedical Optics* 2007;12:041215-22.



Algorithm for Total Retinal Blood Flow

Doppler angle measurement

Flow in a single vessel

Flow (micrometers/second)

Time (seconds)

Average flow over 2 seconds for each vessel

Total Retinal Blood Flow

Flow value : 40.8 to 52.9 $\mu\text{l}/\text{min}$, CV: 10.5%

Wang Y, et al. *Br J Ophthalmol*, 93:634 (2009)

David Huang, MD, PhD www.COOLLab.net

Superior Branch Vein Occlusion & Proliferative Diabetic Retinopathy

Amani Fawzi, MD

Venous Flow	Superior (μl/min)	Inferior (μl/min)
Case	8.2	12.1
Normal mean±SD (Range)	23.5 ± 3.0 (19.2-27.5)	22.2 ± 2.6 (19.6-27.4)

Non-Arteritic Anterior Ischemic Optic Neuropathy

Inferior altitudinal visual field defect matched with lower superior blood flow in 3/3 cases.

Venous Flow	Superior (μl/min)	Inferior (μl/min)
Case	12.99	19.47
Normal mean±SD (Range)	23.5 ± 3.0 (19.2-27.5)	22.2 ± 2.6 (19.6-27.4)

Alfredo Sadun, MD, PhD

OCT Angiography

Phase variance OCT

- Using the complex data encoded within the OCT images (complex data is generally discarded by most commercial devices), structures with motion may be selectively isolated.
- After eliminating Brownian motion and fixation artifact, most of the residual motion in the eye is blood flow.

Phase Variance OCT

"OCT Angiography"

ADVANTAGES

- No Dye
- Depth Resolved

Composite image – Sadda's Eye Undilated

Collaborative work with Scott Fraser and Jeff Fingler (Caltech)

Phase Variance OCT for imaging CNV

Neovascular AMD, FVPED s/p >30 ranibizumab injections

Old lesion – mature vessels within membrane

Deep Retinal Capillary Plexus

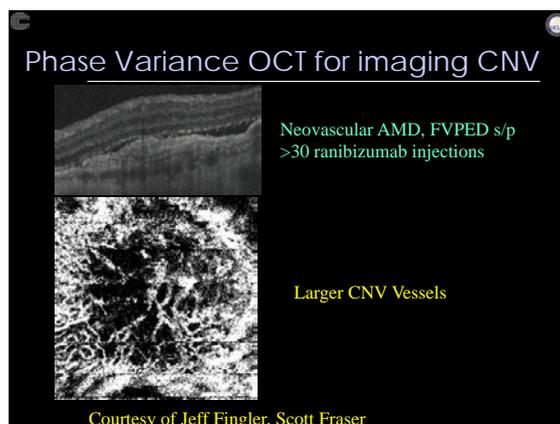
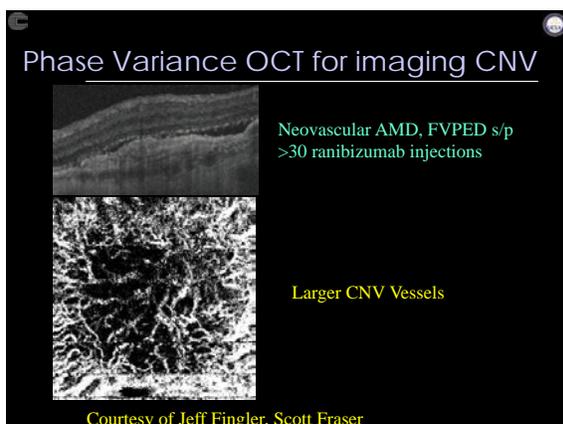
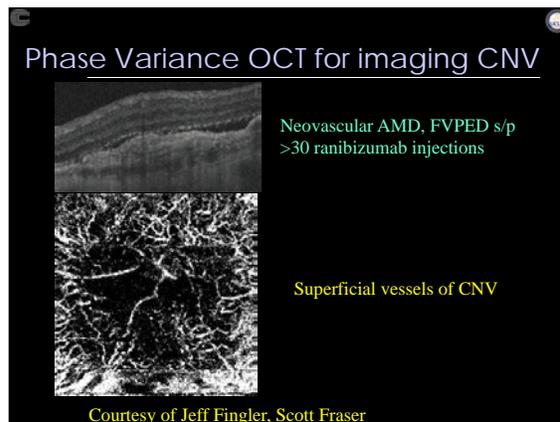
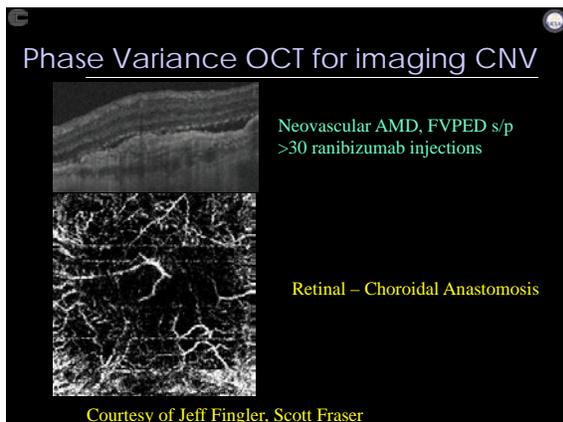
Courtesy of Jeff Fingler, Scott Fraser

Phase Variance OCT for imaging CNV

Neovascular AMD, FVPED s/p >30 ranibizumab injections

Retinal – Choroidal Anastomosis

Courtesy of Jeff Fingler, Scott Fraser



PV OCT pitfalls

- Motion artifact can be a problem for obtaining high-quality images in some patients.
- Fixation tracking may be a key requirement for optimal imaging

PV OCT

• Eye tracking can yield superb image quality

Segmented Intensity Segmented Flow Flow NFL-GCL-IPL

(A) (B) (C)

Flow INL-OPL Flow Chorocapillaris Flow Choroid

Real-time eye motion correction in phase-resolved OCT angiography with tracking SLD

Abstract: Eye motion correction in phase-resolved OCT angiography with tracking SLD. This paper describes a real-time eye motion correction algorithm for phase-resolved OCT angiography. The algorithm uses a tracking SLD to measure eye motion and corrects the phase-resolved OCT angiography images. The results show that the algorithm can effectively correct eye motion artifacts and improve the image quality of phase-resolved OCT angiography.

References and Citations:

1. J. Fingler, S. Fraser, "Real-time eye motion correction in phase-resolved OCT angiography with tracking SLD," *Optics Express*, vol. 23, no. 10, pp. 14000-14010, 2015.
2. J. Fingler, S. Fraser, "Real-time eye motion correction in phase-resolved OCT angiography with tracking SLD," *Optics Express*, vol. 23, no. 10, pp. 14000-14010, 2015.
3. J. Fingler, S. Fraser, "Real-time eye motion correction in phase-resolved OCT angiography with tracking SLD," *Optics Express*, vol. 23, no. 10, pp. 14000-14010, 2015.
4. J. Fingler, S. Fraser, "Real-time eye motion correction in phase-resolved OCT angiography with tracking SLD," *Optics Express*, vol. 23, no. 10, pp. 14000-14010, 2015.
5. J. Fingler, S. Fraser, "Real-time eye motion correction in phase-resolved OCT angiography with tracking SLD," *Optics Express*, vol. 23, no. 10, pp. 14000-14010, 2015.

OCT Angiography

Split-Spectrum Amplitude Decorrelation Angiography

SSADA

- "Decorrelation" refers to fluctuating values of OCT intensities
- Blood flow results in fluctuation in the amplitude of the OCT fringes as RBCs enter and exit a particular voxel
- Greater fluctuation means greater flow

Jia et al., Biomed Opt Exp 2012

SSADA

- Splitting the spectrum yields a better signal to noise ratio

Comparison of Angiography Algorithms

More continuous microvascular network

Less Noise >2x SNR

Jia et al., Opt Exp 2012

En face retinal and choroidal angiograms at different Z coordinates at macula

Yali Jia, PhD; David Huang, MD, PhD. www.COOLLab.net

En face retinal and choroidal angiograms at different Z coordinates at ONH

Yali Jia, PhD; David Huang, MD, PhD. www.COOLLab.net

En face ONH angiograms separately showing the microcirculation within retina, choroid and lamina cribrosa

Slab Level

Retina Choroid Lamina Cribrosa

Yali Jia, PhD; David Huang, MD, PhD. www.COOLLab.net

Quantitative OCT Angiography

Quantitative OCT angiography of optic nerve head blood flow

Abstract Optic nerve head (ONH) blood flow has been associated with normal glaucoma and is thought to be a key factor in the pathogenesis of glaucoma. However, there is no quantitative method for measuring ONH blood flow. We have developed a quantitative OCT angiography (OCT-A) method for measuring ONH blood flow. This method is based on the principle of OCT-A and is able to measure ONH blood flow in a quantitative manner. We have used this method to measure ONH blood flow in normal subjects and in subjects with glaucoma. We found that ONH blood flow was significantly lower in subjects with glaucoma compared to normal subjects. This suggests that ONH blood flow is a key factor in the pathogenesis of glaucoma.

Table 1. OCT-A flow measurements on the whole disc region*

Parameters	Normal	FG	p-value	CV (%)
Flow index (arbitrary units)	0.180 ± 0.031	0.104 ± 0.009	0.040	8.51
Vessel density (%)	78.2 ± 8.3	49.1 ± 5.50	<0.001	6.72

*FG, progressive glaucoma; CV, coefficient of variation of repeated measurements; p-values based on unpaired t-test.

Flow and vessel density was reduced in glaucoma patients

Depth-resolved angiography

Type II CNV

3-Color OCT Angiography

- Inner retinal flow
- Outer retinal flow
- Choroid flow
- Structural OCT

CNV FI = 0.146

Yali Ji, PhD
David Huang, MD, PhD
www.COOLab.net

Courtesy: David Huang, MD PhD

Near-commercial OCT Angiography

Near-commercial OCT Angiography

- SSADA-based
 - Optovue Avanti XR
- SD-OCT - based
- Resolution not as good as research prototypes

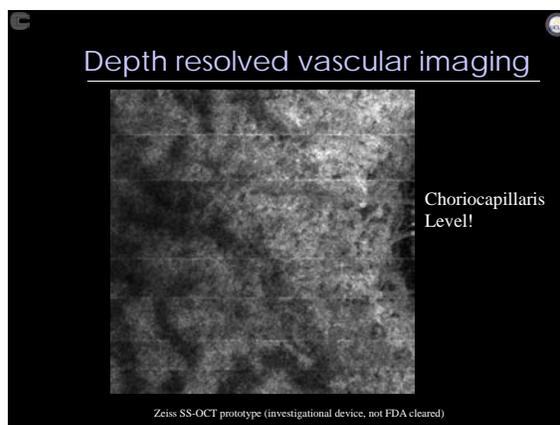
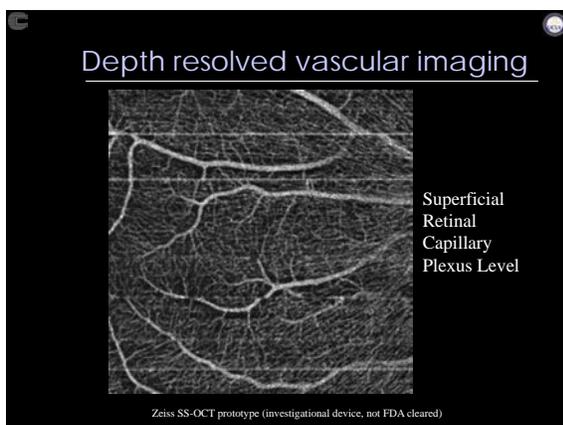
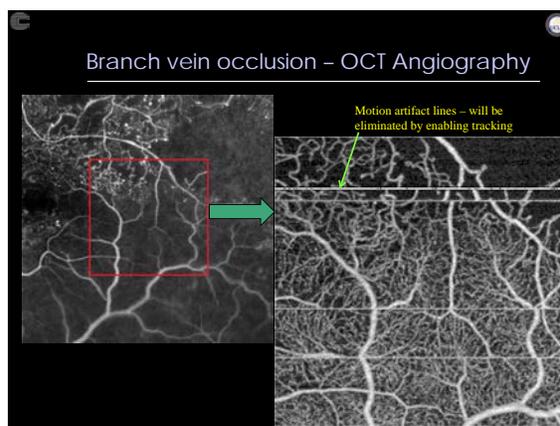
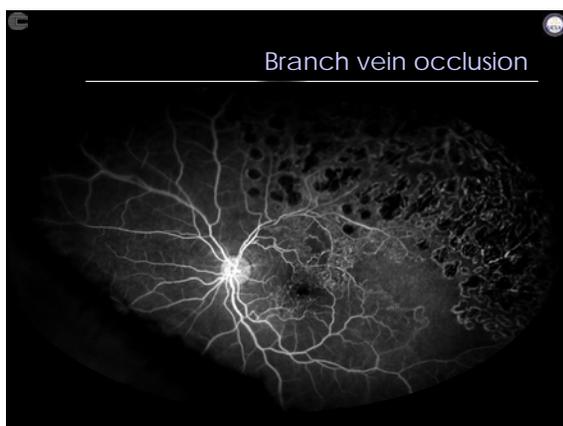
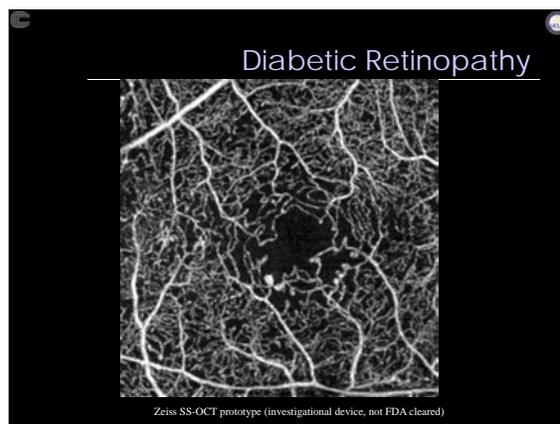
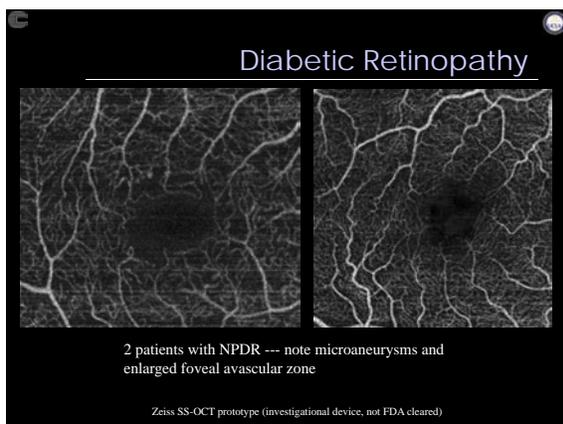
Vascular Detail with OCT Angiography

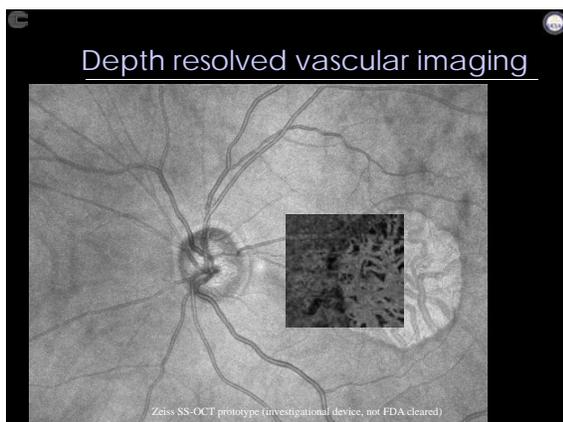
Swept-source OCT OMAG - Based

Zeiss SS-OCT prototype (investigational device, not FDA cleared)

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Advanced Automated Analyses

- Many groups developing algorithms for segmenting various retinal layers

Doheny Image Analysis Laboratory
(Jewel Hu)

Advanced Automated Analyses

- Algorithms for segmenting specific pathologic structures already becoming available in commercial OCT software (e.g. drusen, GA analysis)
- In the near future we can expect automated algorithms to segment PEDs, subretinal fluid, retinal cysts and various other retinal layers

Area: 5.21 mm²
Volume: 0.899 mm³

Courtesy of Phil Rosenfeld

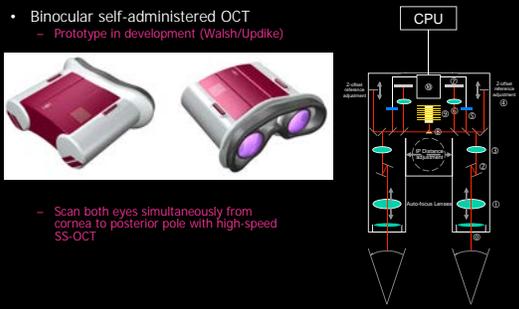
Anterior Segment Analyses

OCT pachymetry

- Automated tools now available
- Individual corneal layer thickness and volume quantification in development

Automated Acquisition

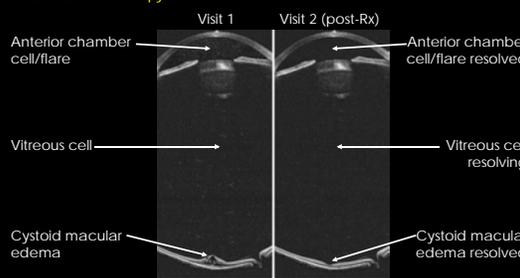
- Binocular self-administered OCT
 - Prototype in development (Walsh/Updike)



Scan both eyes simultaneously from cornea to posterior pole with high-speed SS-OCT

Automated Acquisition

- OCT Biomicroscopy



Anterior chamber cell/flare

Vitreous cell

Cystoid macular edema

Visit 1

Visit 2 (post-Rx)

Anterior chamber cell/flare resolved

Vitreous cell resolving

Cystoid macular edema resolved

May facilitate rapid and remote assessments which may be of use in pharmacotherapy era

Summary

- Advances in OCT technology continue to proceed at a rapid pace.
- These advances are addressing many of the limitations of existing devices.
- Applications of OCT in our diagnosis and treatment of patients can be expected to continue to expand.

Thank You!